



Thien Phuoc Centre District 12  
156 An Phu Dong 11 Street,  
An Phu Dong Ward  
District 12, HCM City  
Sister Kim Chi – Head of Centre  
Mobile: 0907254082

Email: [thienphuoc20012004@yahoo.com](mailto:thienphuoc20012004@yahoo.com)

To: the potential donor,

### **Wish list for MOTomed Physical Therapy equipment for children of Thien Phuoc Centre**

#### **Introduction**

This document is a proposal for Thien Phuoc Centre in District 12, HCMC, Vietnam to purchase a piece of specific equipment for the purpose of rehabilitation and mobility impairment improvement for the children at the centre.

#### **Brief background information about Thien Phuoc**

Established in 2001, Thien Phuoc is a NGO (non-government organization) residential centre catering for disabled children and orphans, acting under the Catholic Committee of Ho Chi Minh City.

Through love, care and support, Thien Phuoc provides healthcare, rehabilitation and education for children with a wide range of disabilities such as Epilepsy, Cerebral Palsy and Down Syndrome including some affected by Agent Orange. As well as catering for their physical needs, we also put a focus on the children's spiritual development as part of our holistic approach, through providing a loving home environment. We believe all children regardless of their disability have the potential to grow within a community to positively affect the lives of people around them.

### **Proposed equipment purchase: MOTomed (Gracile12 Model)**

#### **Product Description**

The MOTomed is a specific piece of equipment designed to enable therapeutic movement of the upper and lower limbs through a cycling motion for children. The training can be done assisted with a motor, passively, or used for resistance training to build muscle mass for those stronger users. The equipment is specifically designed for children with a range of movement impairment disorders such as Cerebral palsy, spina bifida, traumatic brain injuries, tetraplegia, paraplegia, hemiplegia, muscular dystrophy, muscular diseases and other physical impairments. It takes into consideration movements such as spasms and stiffness associated with many disorders.

For more information on the MOTomed machine, please go to their website:

<http://www.motomed.com/en/home.html>

Or see attached brochures



**Figure 1. Picture of MOTomed Gracile12 model, showing the movement of the machine**

### **Benefits to the children at Thien Phuoc**

The MOTomed is a recognised medical aid and is used in many hospital medical centres as well as homes world wide. This equipment is also backed up by numerous medical publications.

The following is a brief list of benefits of using the MOTomed machine:

- Loosening and strengthening of the muscles. Promoting muscle mass.
- Improved coordination
- Reduce spasticity and increase flexibility
- Stimulates metabolism and circulation within the body
- Improves endurance and the function of cardio vascular system
- Promotes walking
- Prevent joint stiffness
- Avoid fluid retention

### **Suitability for Thien Phuoc Centre**

The MOTomed has been proven to be a very effective piece of equipment for the use of paediatric applications aimed at improving movement disorder conditions. It is safe and relatively easy to use for the staff at Thien Phuoc to operate. This machine will be able to complement a range of other existing equipments currently at Thien Phuoc.

### **Training**

Training is an important part of purchasing any new piece of equipment for the correct and safe operation of its use. Part of the training will be provided by the local distributor here in HCMC in Vietnam by fully qualified medical specialists.

The training will be aimed at the local staff at Thien Phuoc, as they will be responsible for its use. The training will also be opened to other regular volunteers.

## Pricing summary

**Local Distributor in Vietnam:** Thanh An – Hanoi Co. Ltd.  
835/14 Tran Hung Dao, Ward 1, District 5, HCMC, Vietnam

Cost of MOTomed Unit, Gracile 12 model + accerories:

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**Total Cost: \$7950**

### Thanks and appreciation

Thien Phuoc would like to express sincere thanks and appreciation to all those involved in supporting the centre.

Please feel free to contact Sister Kim Chi or myself if you have any questions about this document.

Kindest Regards,



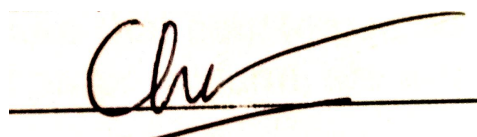
### **Vu Huynh**

Australian Volunteer (AVID)

AusAID Australian Volunteers for International Development

Hoc Mai Foundation

huynhanhvu@live.com.au



### **On behalf of Sister Kim Chi**

Head of Thien Phuoc Foster Home

An Phu Dong, District 12, HCMC, Vietnam